
DEMENTIA SIMULATION TOOLKIT

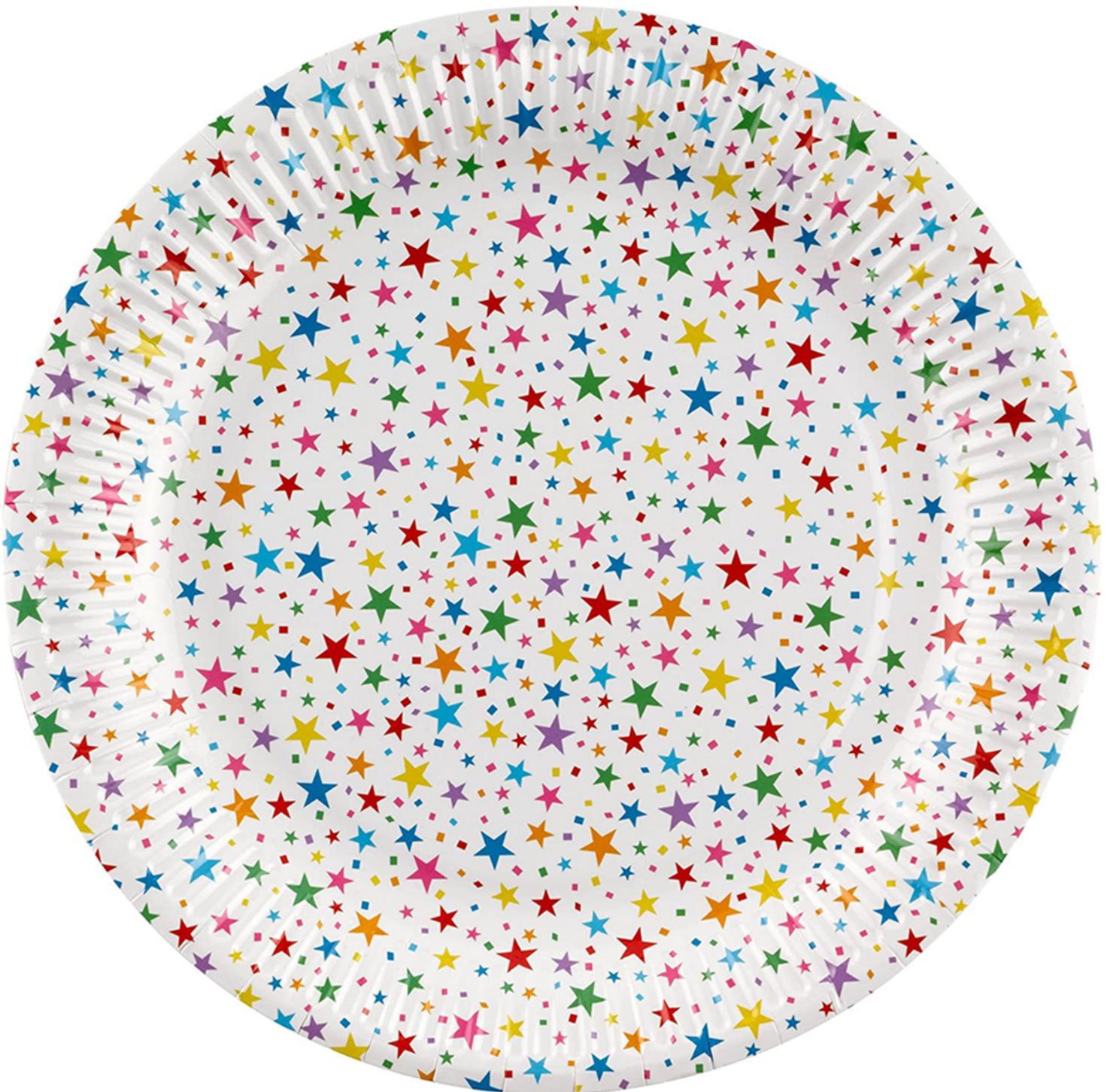
**Scenario: Eating Meals -
Plate Handout**



This handout contains different plates that can be printed out in colour and used to demonstrate reduced visual function in the eating meals scenario.

Patterned plates

The plate below works well with foods like diced mixed peppers, sweetcorn and peas



Patterned plates

The following plate works well with food such as white fish/ chicken, carrots, sweetcorn and potatoe



Patterned plates

The following plate works well with food such as raspberries



Patterned plates

The following plate works well with foods such as salads, lettuce, spinach, green beans etc.



Plain coloured plates

The following plate works well with foods such as broccoli, peas, green beans etc.



Plain coloured plates

The following plate works well with foods such as chicken, white fish, rice etc.



Contrasting coloured plates

The following plate works well with foods such as chicken, potatoes, carrots, sweetcorn etc.



Contrasting coloured plates

The following plate works well with foods such as chicken, potatoes, peas, rice etc.



Online training

Place simulation glasses over the lens of a camera. Layer the glasses and take different photos of food on plates. These pictures can be presented in online training to demonstrate how reduced visual functioning can impact meal times



No simulation glasses



2 pairs of simulation glasses



3 pairs of simulation glasses



4 pairs of simulation glasses



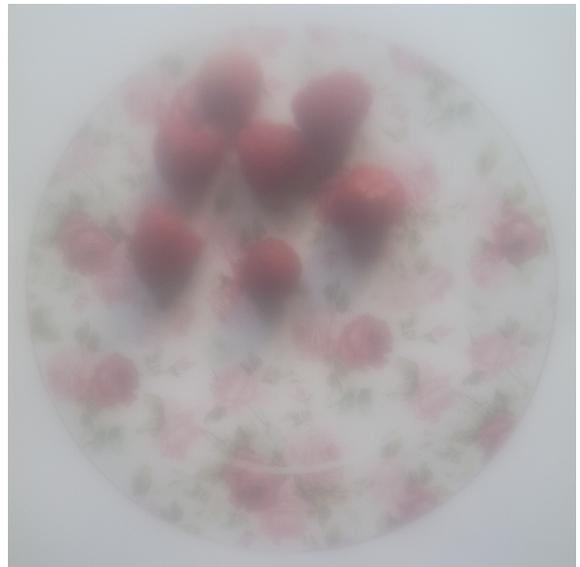
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