

The logo for INTenSE, featuring the word in a sans-serif font with a blue 'e'. It is framed by two curved, overlapping lines, one blue and one purple.

INTenSE

Dementia Simulation Toolkit

Scenario: Eating Meals

socialIT
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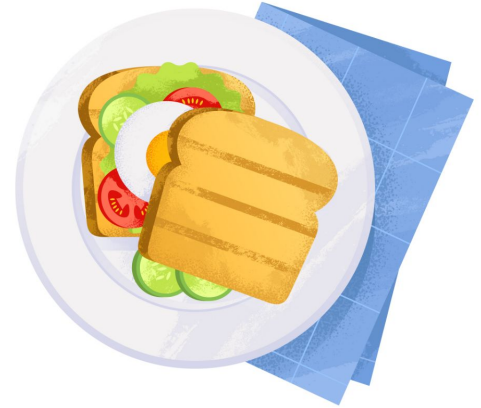
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Eating Meals

- Visual function is often reduced in people with dementia conditions such as lewy body dementia, Alzheimer's disease, posterior cortical atrophy and vascular dementia.
- This can impact meal times and the ability to see food on a plate.



Eating Meals

- Difficulties differentiating between food and plate due to poor contrasting colours e.g. rice on a white plate.
- Patterned crockery can cause confusion as the pattern may be perceived as food.
- As a result, changes to visual function may reduce a person's food intake.



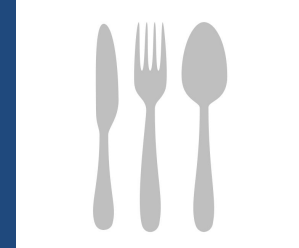
Simulation Activity: Losing your things



3 Plates of Food



Simulation Glasses

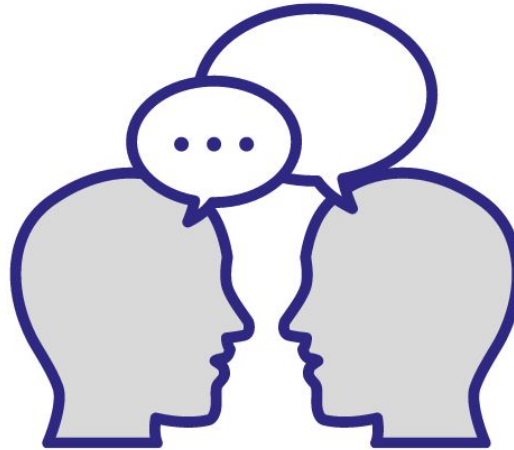


Cutlery



15 mins

Group reflection



How was your self- experience of
reduced visual function?

Group discussion



How might you support a person with dementia during meal times?



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