

The logo for INTenSE, featuring the text "INTenSE" in a sans-serif font. The "en" is in a light blue color, while "INT" and "SE" are in black. The text is enclosed within a stylized blue and purple oval shape that resembles a lens or a pair of eyes.

INTenSE

Dementia Simulation Toolkit

Scenario: Eating Meals

socialIT
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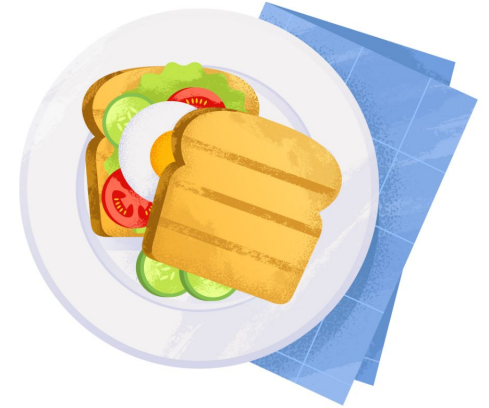
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Eating Meals

- People with dementia may lose some of the hand motor skills required to open food containers and get food from a plate into the mouth.
- As a result, people may require different levels of support during meal times as their dementia progresses.



Simulation Activity: Eating meals



**Plate of food and
food containers**



Simulation Gloves

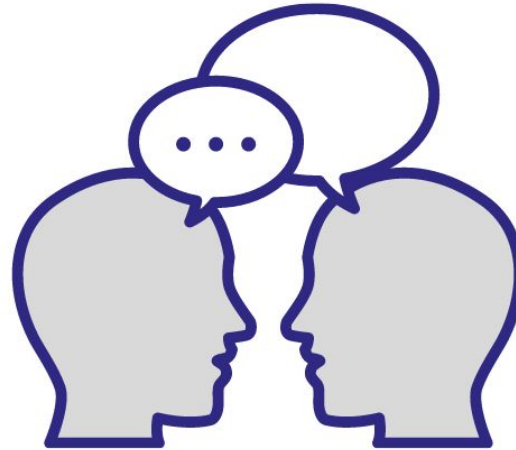


Cutlery



15 mins

Group reflection



How do you feel following that activity?

Group discussion



How might you support a person with dementia during meal times?

Hand under hand assistance:

https://www.dementiacarecentral.com/video/hand_under_hand/

Hand over hand:

https://www.youtube.com/watch?v=eN_PMpq_mtt0



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