

Memory

Memory loss can be frustrating and difficult to cope with. Our memory is a complex system and we make use of different types of memory when we do different things.

Memory takes in the information provided by our senses and you can recall information with the help of prompts from your senses. Changes to any of our sense may affect our memory function.



Not all people with dementia will have memory problems. Each type of dementia presents itself differently, so some people can have some, all or none of these memory symptoms



Relevance to dementia

Different types of memory problems may be more common in some types of dementia than others. Changes to these memory systems can result in different types of symptoms.

Working memory

is used to store information for short periods

Semantic memory

is used to remember the meaning of words or remember facts



Episodic memory

is needed to recall past events, recent or distant.

Prospective memory

is used to remember appointments, dates or events due to happen in the future